1. Open your Instagram app and select the camera icon in the top left corner.

2. Select the graphic or image you would like to add to your Instagram story from your camera roll in the bottom left corner of the screen.

3. Go to the top of your screen and select the rounded square icon with a smiley face on it (third icon from the right).

4. In the search box, type 'ucsd day of caring' and select the sticker you would like to add to your Instagram story.

Below are two GIF options to post to your story.